

Nutrition Summit November 17, 2008
Summary of Summit Goals

The following is a list of short term goals that the Office of Long Term Living and the Nutrition Services Advisory Committee are considering in improving the nutrition services programs.

1. The first thing we are looking at doing is inviting consumers to join the Nutrition Services Advisory Committee. We would like to include consumers from congregate and home delivered meal programs and would like to have regional representation which includes urban, rural and suburban populations. The Aging network will be contacted to provide recommendations of consumers to the committee.
2. We are already researching possible changes to the policy for taking food out of the centers as well as providing clarification for what is currently allowed.
3. We are looking at the milk requirements and will provide clarification of the policy related to bulk vs. individual containers and other milk choices as alternatives.
4. We will be surveying the network on best case examples related to the nutrition programs. Those will be from within as well as outside of the commonwealth. We will provide these best case examples to the network.

The following is a list of long term goals that the Office of Long Term Living and the Nutrition Services Advisory Committee are looking at in changing the nutrition services programs.

1. Taking into account the concerns that were raised related to the Nutrition Services Aging Program Directive (APD); we will begin reviewing, revising and updating the APD. Stakeholders will have opportunities to provide comments and suggestions as it is reworked.
2. We will be exploring the use of other providers such as hospitals, schools, etc. that AAAs are using or could potentially use. We will take this information and create a technical assistance guide on how these options can be developed.
3. We will work to determine a protocol for nutrition education follow up for home delivered meal recipients who are determined to be at nutritional risk.

4. We will work on developing a sample 4 week cycle menu that includes choice meals and/or salad choice meals for the network to use as a guide in meeting the nutrition program requirements.
5. We will explore implementing private pay options and provide technical assistance to the network related to private pay.

The following is a list of possible pilot projects to be considered that may or may not require additional funding. If funding is needed, projects will be considered based upon the availability of funding.

1. Offering breakfast, lunch and dinner at the senior centers.
2. Providing therapeutic meals for home delivered meal recipients.
3. Providing extended hours for lunch. For example, lunch can be served between the hours of 11am-1pm.
4. Developing food court style facilities.
5. Providing take home meals for individuals who are at nutritional risk.
6. Develop a study on the benefits of nutrition education in Home Delivered Meal recipients.
7. Develop an RFP for multiple AAAs to secure a provider or providers to provide choice menus and to secure a registered dietitian to work on behalf of the AAAs involved.
8. Using technology for home delivered meals such as electronic ordering, providing a GPS system for drivers and contacting home delivered meal consumers who do not receive a daily meal delivery.
9. Investigating Medicare reimbursement for nutrition counseling as a possible revenue generator for dietitian services in the network